Improving or Maintaining Physical Health – Cheat Sheet

Weight: 3  
Current Star: 4  
Current Standing: 70%  
Next Threshold: 72%

Star Measure Description

The measure shows the percent of plan members whose physical health was the same or better than expected after two years.

Measure Source

- HOS Survey Measure
- 4/1 – 7/31

Requirement Specifications

The percentage of members who reported their physical health was the same or better after a two year period.

Best Practice/ Call to Action

- Discuss physical health and how patients can improve it.
- Educate on resources in the community.

Star Ratings Performance & Trends

<table>
<thead>
<tr>
<th>Year</th>
<th>1-Star</th>
<th>2-Star</th>
<th>3-Star</th>
<th>4-Star</th>
<th>5-Star</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>&lt; 66%</td>
<td>≥ 66% to &lt; 68%</td>
<td>≥ 68% to &lt; 70%</td>
<td>≥ 70% to &lt; 72%</td>
<td>≥ 72%</td>
</tr>
<tr>
<td>2019</td>
<td>&lt; 64%</td>
<td>≥64% to &lt;68%</td>
<td>≥68% to &lt;70%</td>
<td>≥70% to &lt;75%</td>
<td>≥ 75%</td>
</tr>
<tr>
<td>2018</td>
<td>&lt; 63%</td>
<td>≥63% to &lt;67%</td>
<td>≥67% to &lt;69%</td>
<td>≥69% to &lt;72%</td>
<td>≥ 72%</td>
</tr>
<tr>
<td>2017</td>
<td>&lt; 64%</td>
<td>≥64% to &lt;67%</td>
<td>≥67% to &lt;72%</td>
<td>≥72% to &lt;84%</td>
<td>≥ 84%</td>
</tr>
</tbody>
</table>

If you have questions, please contact your provider relations specialist.