

Reducing the Risk of Falling – Cheat Sheet

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| Weight: 1 | Current Star: 1 | Current Standing: 48% | Next Threshold: 51% |
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| Star Measure Description |
| This measure shows the percent of plan members with a problem falling, walking, or balancing who discussed it with their doctor and received a recommendation for how to prevent falls during the year. |

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| Measure Source |
| <ul style="list-style-type: none"> HOS Survey Measure 4/1 – 7/31 |

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| Requirement Specifications |
| The percentage of Medicare members 65 years of age or older who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner. |

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| Best Practice/ Call to Action |
| <ul style="list-style-type: none"> Educate patients about performing home safety assessments and fall prevention techniques. |

| Star Ratings Performance & Trends | | | | | |
|--|---------------|----------------|----------------|----------------|---------------|
| <u>Year</u> | <u>1-Star</u> | <u>2-Star</u> | <u>3-Star</u> | <u>4-Star</u> | <u>5-Star</u> |
| 2020 | < 51% | ≥ 51% to < 57% | ≥ 57% to < 62% | ≥ 62% to < 71% | ≥ 71% |
| 2019 | < 48% | ≥48% to <54% | ≥54% to <61% | ≥61% to <70% | ≥ 70% |
| 2018 | < 52% | ≥52% to <59% | ≥59% to <66% | ≥66% to <74% | ≥ 74% |
| 2017 | < 53% | ≥53% to <57% | ≥57% to <63% | ≥63% to <73% | ≥ 73% |