

Improving or Maintaining Physical Health – Cheat Sheet

Weight: 3	Current Star: 4	Current Standing: 70%	Next Threshold: 72%
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Star Measure Description

The measure shows the percent of plan members whose physical health was the same or better than expected after two years.

Measure Source

- HOS Survey Measure
- 4/1 – 7/31

Requirement Specifications

The percentage of members who reported their physical health was the same or better after a two year period.

Best Practice/ Call to Action

- Discuss physical health and how patients can improve it.
- Educate on resources in the community.

Star Ratings Performance & Trends

<u>Year</u>	<u>1-Star</u>	<u>2-Star</u>	<u>3-Star</u>	<u>4-Star</u>	<u>5-Star</u>
2020	< 66%	≥ 66% to < 68%	≥ 68% to < 70%	≥ 70% to < 72%	≥ 72%
2019	< 64%	≥64% to <68%	≥68% to <70%	≥70% to <75%	≥ 75%
2018	< 63%	≥63% to <67%	≥67% to <69%	≥69% to <72%	≥ 72%
2017	< 64%	≥64% to <67%	≥67% to <72%	≥72% to <84%	≥ 84%