

## Improving or Maintaining Mental Health – Cheat Sheet

|                  |                        |                              |                            |
|------------------|------------------------|------------------------------|----------------------------|
| <b>Weight: 3</b> | <b>Current Star: 3</b> | <b>Current Standing: 81%</b> | <b>Next Threshold: 82%</b> |
|------------------|------------------------|------------------------------|----------------------------|

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| <b>Star Measure Description</b>   |
| This measure shows the percent of members whose mental health was the same or better than expected after two years. |

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| <b>Measure Source</b>  |
| <ul style="list-style-type: none"> <li>• HOS Survey Measure</li> <li>• 4/1 – 7/31</li> </ul> |

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| <b>Requirement Specifications</b>  |
| The percentage of members who reported their mental health was the same or better after a two year period. |

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| <b>Best Practice/ Call to Action</b>   |
| <ul style="list-style-type: none"> <li>• PCQ-2 assessment of mental health.</li> <li>• Educate on resources in the community.</li> </ul> |

| <b>Star Ratings Performance &amp; Trends</b> |               |                |                |                |               |
|--|---------------|----------------|----------------|----------------|---------------|
| <u>Year</u>                                  | <u>1-Star</u> | <u>2-Star</u>  | <u>3-Star</u>  | <u>4-Star</u>  | <u>5-Star</u> |
| 2020   | < 72%         | ≥ 72% to < 78% | ≥ 78% to < 82% | ≥ 82% to < 84% | ≥ 84%         |
| 2019   | < 76%         | ≥76% to <80%   | ≥80% to <84%   | ≥84% to <86%   | ≥ 86%         |
| 2018   | < 75%         | ≥75% to <82%   | ≥82% to <84%   | ≥84% to <88%   | ≥ 88%         |
| 2017   | < 79%         | ≥79% to <83%   | ≥83% to <85%   | ≥85% to <87%   | ≥ 87%         |