Reducing the Risk of Falling – Cheat Sheet

| Weight: 1 | Current Star: 1 | Current Standing: 48% | Next Threshold: 51% |

**Star Measure Description**
This measure shows the percent of plan members with a problem falling, walking, or balancing who discussed it with their doctor and received a recommendation for how to prevent falls during the year.

**Measure Source**
- HOS Survey Measure
- 4/1 – 7/31

**Requirement Specifications**
The percentage of members 65 years of age or older who had a fall or had problems with balance or walking in the past 12 months, who were seen by a practitioner in the past 12 months and who received a recommendation for how to prevent falls or treat problems with balance or walking from their current practitioner.

**Best Practice/ Call to Action**
- Educate patients about performing home safety assessments and fall prevention techniques.

**Supplemental Data**
CPT II Codes:
- **0518F**: Fall plan of care documented
- **1100F**: Patient screened for future fall risk; documentation of two or more falls in the past year or any fall with injury in the past year
- **1101F**: Patient screened for future fall risk; documentation of no falls in the past year or only one fall without injury in the past year (GER)

**Star Ratings Performance & Trends**

<table>
<thead>
<tr>
<th>Year</th>
<th>1-Star</th>
<th>2-Star</th>
<th>3-Star</th>
<th>4-Star</th>
<th>5-Star</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>&lt; 51%</td>
<td>≥ 51% to &lt; 57%</td>
<td>≥ 57% to &lt; 62%</td>
<td>≥ 62% to &lt; 71%</td>
<td>≥ 71%</td>
</tr>
<tr>
<td>2019</td>
<td>&lt; 48%</td>
<td>≥48% to &lt;54%</td>
<td>≥54% to &lt;61%</td>
<td>≥61% to &lt;70%</td>
<td>≥ 70%</td>
</tr>
<tr>
<td>2018</td>
<td>&lt; 52%</td>
<td>≥52% to &lt;59%</td>
<td>≥59% to &lt;66%</td>
<td>≥66% to &lt;74%</td>
<td>≥ 74%</td>
</tr>
<tr>
<td>2017</td>
<td>&lt; 53%</td>
<td>≥53% to &lt;57%</td>
<td>≥57% to &lt;63%</td>
<td>≥63% to &lt;73%</td>
<td>≥ 73%</td>
</tr>
</tbody>
</table>

If you have questions, please contact your provider relations specialist.