

Adult Body Mass Index (BMI)– Cheat Sheet

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|------------------|------------------------|------------------------------|----------------------------|
| Weight: 1 | Current Star: 4 | Current Standing: 98% | Next Threshold: 99% |
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Star Measure Description

This measure shows the percent of plan members with an outpatient visit who had their Body Mass Index (BMI) calculated from their height and weight and recorded in their medical record.

Measure Source

- Chart Review
- 1/1-12/31

Requirement Specifications

The percentage of MA enrollees 18-74 years of age who had an outpatient visit and whose body mass index (BMI) was documented during the measurement year or the year prior the measurement year.

Best Practice/ Call to Action

- Measure the height once a year to allow BMI calculation

Supplemental Data

CPT Code:

- **Z68:** Used for BMI

CPT II Codes with Appropriate Z Code:

- **3008F:** Documented and reported

Star Ratings Performance & Trends

| <u>Year</u> | <u>1-Star</u> | <u>2-Star</u> | <u>3-Star</u> | <u>4-Star</u> | <u>5-Star</u> |
|-------------|---------------|---------------|---------------|---------------|---------------|
| 2020 | <78% | ≥78% to <92% | ≥92% to <96% | ≥96% to <99% | ≥ 99% |
| 2019 | < 76% | ≥76% to <84% | ≥84% to <93% | ≥93% to <98% | ≥ 98% |
| 2018 | < 72% | ≥72% to <81% | ≥81% to <94% | ≥94% to <98% | ≥ 98% |
| 2017 | <45% | ≥45% to <63% | ≥63% to <87% | ≥87% to <96% | ≥96% |