



# Perks to Keep You Fit

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## Hit the gym with our new Fitness Allowance Program.

The Fitness Allowance Program gives you up to \$20 a month for the cost of a fitness class or membership at a participating fitness center (program starts January 1, 2021).

- Members and their dependents (18 years and older) can join the program.\*
- If you have a Health Alliance plan through work, check with your HR team to see when this program is open to you.
- You'll be issued a debit card pre-loaded with your monthly fitness cash.

- Your monthly fitness cash is use-it-or-lose-it, and doesn't carry over month to month. A new amount will be put on your card each month.

\*Benefits and coverage may vary, please check with your benefits administrator to verify coverage.

**Visit [YourHealthAlliance.org](https://YourHealthAlliance.org) or call the Customer Service number on the back of your ID card for more info and to request your card today!**

