


Be Healthy – Using Your Wellness Benefits

Helping You Stay Healthy



Health Alliance emphasizes prevention through comprehensive wellness coverage. We support members throughout their lives, not just when they're sick.



We cover preventive services and tests, even when you are healthy. Here is a partial list of the services included in your comprehensive wellness benefit*:

- One wellness exam, per member (no age limitations), per plan year.
- One wellness visit to a Women's Principal Health Care Provider, per year.
- Well-child care
- The screenings, procedures and immunizations listed below, within the applicable wellness benefit:
 - Blood sugar screening (including a basic metabolic panel and comprehensive metabolic panel)
 - Cervical cancer screening (Pap smear)
 - Cervical cancer vaccine
 - Childhood immunizations
 - Chlamydia screening
 - Cholesterol screening
 - Colorectal cancer screening (flexible sigmoidoscopy, screening colonoscopy, fecal occult blood test)

*Office visit copayment or coinsurance may apply and/or be applicable to a deductible. Age limitations and frequencies may apply.

A detailed listing of wellness-covered procedures and services follows.

Procedure Codes

Descriptions

Immunizations	
90460-90461, 90471-90474	Immunization administration
90632-90634	Hepatitis A
90636	HepA-HepB adult
90644, 90733-90734	Meningococcal
90645-90648	Hib
90649 90650	HPV quadrivalent 3 dose (ages 9-26) HPV bivalent 3 dose (ages 9-26)
90653-90658, 90660-90664, 90666-90668, 90672, 90685-90688, Q2033-Q2039	Influenza
90669-90670, 90732, S0195	Pneumococcal
90680-90681	Rotavirus
90696	DTaP-IPV (4-6 years)
90698	DTaP – Hib – IPV
90700	DTaP < 7 years
90701	DTP – diphtheria, tetanus & pertussis
90702	DT < 7 years
90703	Tetanus toxoid
90704	Mumps
90705	Measles
90706	Rubella
90707	Measles, mumps & rubella MMR
90708	Measles and rubella
90710	Measles, mumps, rubella and varicella vaccine MMRV
90712-90713	Poliovirus (OPV or IPV)
90714	Td 7 years and older
90715	Tdap 7 years and older
90716	Varicella (VZV) – chicken pox
90718	TD
90719	Diphtheria toxoid
90720	DTP-Hib
90721	DtaP-Hib
90723	DtaP-HepB-IPV
90736	Herpes Zoster (shingles)
90739, 90740, 90743, 90744, 90746, 90747	Hepatitis B
90748	HepB-Hib
G0008	Administration of influenza virus vaccine

Alcohol Screenings		
99408, 99409	Alcohol and/or substance (other than tobacco) abuse structured screening (e.g., AUDIT, DAST and brief intervention [SBI] services; 15 to 30 minutes)	Four visits per year
G0442	Annual alcohol misuse screening, 15 minutes	
G0443	Brief face-to-face behavioral counseling for alcohol misuse, 15 minutes	Four visits per year
Bone Density		
76977, 77078, 77080, 77081, G0130	DXA, bone density study	One per lifetime
Cholesterol		
80061	Lipid profile	Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2)
82465	Cholesterol, serum or whole blood, total	Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2)
83718	Lipoprotein, direct measurement; high-density cholesterol (HDL cholesterol)	Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2)
83721	Lipoprotein, direct measurement; LDL cholesterol	Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2)
84478	Triglycerides	Once every 5 years for men 35 and older; women 45 and older Once every 5 years for men ages 20-35; women ages 20-45 (with V17.3-V17.4X, V81.0-V81.2)

Colorectal		
G0104	Colorectal cancer screening, flexible sigmoidoscopy	Once every 5 years starting at age 50
G0105	Colorectal cancer screening, colonoscopy	Once every 10 years starting at age 50
G0106	Colorectal cancer screening, alternative to G0104, screening sigmoidoscopy, barium enema	Once every 5 years starting at age 50
G0120	Colorectal cancer screening, alternative to G0105, screening colonoscopy, barium enema	Once every 10 years starting at age 50
G0121	Colorectal cancer screening, colonoscopy on individual not meeting criteria for high risk	Once every 10 years starting at age 50
G0328	Colorectal cancer screening, fecal occult blood test, immunoassay, 1-3 simultaneous determinations	Annually starting at age 50
45330	Flexible sigmoidoscopy	Once every 5 years starting at age 50
45383-PT, 45384-PT, 45385-PT, 45378-PT, 45380-PT	Colonoscopy, flexible	Once every 10 years starting at age 50
82270, 82271, 82274	Blood occult screening	Annually starting at age 50
Diabetes		
82947	Glucose (fasting blood sugar)	
82950	Glucose, post prandial	
82951	Glucose, tolerance test	
G0108	Diabetes self-management training, individual session (two or more), 30 minutes	
G0109	Diabetes self-management training, group session (two or more), 30 minutes	
HIV		
86689	Antibody, HTLV or HIV antibody, confirmatory test (e.g., Western Blot)	
86701	Antibody, HIV-1	
86702	Antibody, HIV-2	
86703	Antibody, HIV-1 and HIV-2, single assay	
87389	Infectious agent antigen detection by enzyme immunoassay technique, qualitative or semi-quantitative, multiple-step method; HIV-1 antigen(s), with HIV-1 and HIV-2 antibodies, single result	
87390	Infectious agent antigen detection by enzyme immunoassay technique, qualitative or semi-quantitative, multiple-step method; HIV-1	
87391	Infectious agent antigen detection by enzyme immunoassay technique, qualitative or semi-quantitative, multiple-step method; HIV-2	
G0432, G0433, G0435	Infection agent antibody detection	
S3645	HIV-1 antibody testing of oral mucosal transudate	
Men's Health		
G0102-G0103, 84152-84154	Prostate cancer screening	
G0389	Ultrasound AAA screening	Men age 65-75

Newborn		
84030	Phenylalanine (PKU)	
84443	Thyroid stimulating hormone (TSH)	
85660	Sickling of RBC, reduction	
85014, 85018 with V20.2	Anemia test	Age 21 and younger
83655 (with V20.2)	Lead screening	Age 21 and younger
86580 (with V20.2)	TB testing	Age 21 and younger
80061, 82465, 83721, 84478 (with V20.2 and V77.91)	Dyslipidemia screening	Age 21 and younger
Sexually Transmitted Diseases		
G0445	Semi-annual high-intensity behavioral counseling to prevent STIs. Includes education, skills training and guidance on how to change sexual behavior	Two every 12 months
86592-86593	Syphilis test	
87270, 87320, 87490-87492, 87810	Chlamydia	
87850, 87590-87592	Gonorrhea	
87620-87622	Papillomavirus (HPV)	Screening should begin at 30 years of age and should occur no more frequently than every three years.
Women's Health		
P3000-P3001, Q0091, R923	Pap smear	
G0101	Cervical or vaginal cancer screening, pelvic and breast exam	
G0123, G0124, G0141, G0143-G0145, G0147-G0148	Screening cytopathology, cervical or vaginal	
88141-88143, 88147, 88148, 88150, 88152-88155, 88164-88167, 88174-88175	Cytopathology, cervical or vaginal	
86304	Immunoassay for ovary tumor antigen	
E0602	Breast pump, manual	

Women's Health - Contraceptive Management* (with Diagnosis)		
A4261	Cervical cap for contraceptive use	
A4264	Permanent implantable contraceptive intratubal occlusion device(s) and delivery system	
A4266	Diaphragm for contraceptive use	
S4989, J7300, J7307, Q0090	Contraceptive intrauterine device (IUD), including implants and supplies	
J1050	Medroxyprogesterone acetate	
J7301	Levonorgestrel-releasing intrauterine contraceptive system (Skyla)	
J7302	Levonorgestrel-releasing intrauterine contraceptive system (Mirena)	
57170	Diaphragm or cervical cap fitting with instructions	
58300, 58301	Insertion and removal of intrauterine device (IUD)	
58565	Hysteroscopy, surgical; with bilateral fallopian tube cannulation to induce occlusion by placement of permanent implants	
58600, 58605, 58611	Ligation or transaction of fallopian tube(s), abdominal or vaginal approach, unilateral or bilateral	
58615	Occlusion of fallopian tube(s) by device (e.g., band, clip, Falope ring) vaginal or suprapubic approach	
58670	Laparoscopy, surgical; with fulguration of oviducts (with or without transaction)	
58671	Laparoscopy, surgical; with occlusion of oviducts by device (e.g. band, clip or Falope ring)	
Women's Health - Mammography		
76645	Ultrasound, breast(s) (unilateral or bilateral), real time with image documentation	
77052, 77057, G0202, R403	Screening mammography	Once a year ages 35 and up
96040 (with diagnosis)	Medical genetics counseling (for BRCA)	
Women's Health - Obstetric Exams and Screening With Maternity Diagnosis		
80055	Obstetric profile	
81000-81002	Urinalysis	
83540	Iron	
85007, 85009	Differential WBC count	
85025, 85027	Automated hemogram	
86762	Antibody, rubella	
86850	Transfusion screen	
86900, 86901	Blood typing	
87086, 87088	Urine culture/colony count; urine bacteria	
87340-87341	Hepatitis B surface antigen detection	
87350	Hepatitis B antigen (HBeAg)	
85004	Blood count; automated differential WBC	

* For members with pharmacy benefits, a listing of contraceptives covered at the pharmacy can be found at HealthAlliance.org.

Smoking Cessation		
99406, 99407, G0436-G0437	Smoking and tobacco use cessation counseling visit	
Miscellaneous		
G0117, G0118	Glaucoma screening	
92551	Hearing screening, pure tone	Age 21 and younger
80048	Basic metabolic panel	
80053	Comprehensive metabolic panel	
G0270, G0271 97802-97804 (with diagnosis codes)	Medical nutrition therapy	
G0444	Annual depression screening; 15 minutes	
G0446	Bi-annual face-to-face intensive behavioral therapy to reduce CVD risk; 15 minutes	
G0447 (with diagnosis codes)	Face-to-face behavioral counseling for obesity, 15 minutes	26 every 12 months
99173	Screening test of visual activity	Age 21 and younger
99420	Administration and interpretation of health risk assessment instrument (e.g., health hazard appraisal)	
96110	Developmental testing	
Preventive Care Exams		
99381-99387, 99391-99397	Preventive Medicine Services	
99401-99404, 99411, 99412	Preventive counseling	
R770	Preventive Care Services	
R771	Preventive Care Services Vaccine Administration	
R779	Other preventive services	
G0402-G0405	Initial preventive physical exam	
G0438, G0439	Preventive Care Exams	

Visit our website at HealthAlliance.org and log in as a member to view the most current listing of covered preventive service codes. If your doctor bills Health Alliance with a code that is not on this list, the service may not be covered under the wellness benefit.

If you have any questions about your wellness benefit, please call Health Alliance at 1-800-851-3379, Monday through Friday, 8 a.m.-5 p.m.



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