Wellness
Extras
Health Alliance offers programs and tools to help your employees be healthier, which could mean lower claim costs for your plan. Here are just a few of the extras Health Alliance offers:

• Valuable pharmacy programs and fitness discounts
• Rally, our online tool that helps people make healthy choices
• Treatment Cost Calculator that compares provider costs

Note: These extras are included in your plan at no cost; others are available as add-ons to your plan. Talk to your client consultant to learn more.

Self-Funded
Most self-funded plans are not subject to the taxes and fees that apply to fully insured plans. Businesses have the potential to save money when claims are lower than expected. Most plans follow federal ERISA rules and are not subject to state mandates. If your plan is not governed by ERISA, some state mandates may apply.

Care You Can Count On
Health Alliance has a strong network of nearly 25,000 hospitals, clinics and doctors who provide high-quality care to plan participants. If you have employees who live outside the Health Alliance service area, ask about the national network option through NationCare.

Important: This information is not intended to be legal or tax advice and should not be taken as such. We strongly encourage you to get such advice from professional legal and/or tax counsel to determine how to best accommodate and protect the needs of your health plan and related business. Health Alliance and its affiliates are not responsible for any complication or loss sustained by any entity choosing to rely on information presented in this document.