



# Healthy Extras

Health Alliance™ has the people, programs and services to help keep your employees healthy and productive.

## On-Site Services\*

- Employee health screenings
- Consultation for workplace wellness programs

Some services may be delivered via webinar or teleconference.

## Health Management Help

- Disease management programs
- Quit For Life® smoking cessation program
- Care coordination for chronic or complex conditions
- Free over-the-phone support to help members with lifestyle changes
- Employee wellness group report\*

## Online Resources

- Treatment Cost Calculator to help members compare treatment prices
- Hally™ App to use a mobile version of your ID card, find participating providers and more
- YourHealthAlliance.org helps members to go paperless, check coverage, order ID cards and more
- HealthAlliance.org/Wellness—find wellness resources, calculate your health score and more

- [Blog.HealthAlliance.org](http://Blog.HealthAlliance.org)—for health and insurance tips, and info, events and much more
- [HAMP.LifeBalanceProgram.com](http://HAMP.LifeBalanceProgram.com)—discounts on activities like travel, entertainment and adventures

## Even More Extras

- Wellness Rewards Program—fill out a Health Risk Assessment, complete a wellness exam with your primary care provider (PCP) and consult with one of our wellness coaches to be entered into a raffle for exciting rewards
- Access to our 24-hour Anytime Nurse Line
- Help while traveling through Assist America® global emergency services

\*Some programs or services may cost extra, and eligibility restrictions based on group size or geographic location may apply. Contact your client consultant with any questions.

